

for  
you...  
by sodexo\*

# Weekly Menu

Dining Room Menu - Week commencing Monday 5<sup>th</sup> of August

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Soup Of The Day</b> <i>(with slow roasted croutons and fresh herbs)</i>	Fresh Seasonal Vegetable Soup	Chunky Leeks & Potatoes Soup	Cheese & Onion Soup	Fresh Broccoli Soup	Cream of Winter Vegetables	Cream of Mushroom	Chicken & Sweetcorn Soup
<b>Lunch Option 1</b>	Lamb Strips in a Kashmir Rogan Josh sauce and popadam	Breaded Chicken Breast, served with a Garlic & Parsley Butter	Braised Steak Chasseur Style with mushrooms & Pearl Onions	Nepal Style Curried Pork Chop	Steamed Asian Spiced Salmon Darne	Creamy Chicken & Ham Pie	Roast Turkey, Fresh Herbs Stuffing & Gravy
<b>Lunch Option 2</b>	Roast Irish Honey Glazed Gammon, served with a Parsley sauce	Irish Pork in rick & sticky Barbeque Sauce	Poached Hake with a Ripe Tomato & Parsley Sauce	Gourmet Beef Burger, served in a sesame bun	Chicken Breast Piri-Piri Style		
<b>Vegetarian</b>	Fresh Mushroom Ragout Stroganoff Style	Baked Aubergine & Layered Rice Bake	Potato, Spring Onion & Cheddar Pie	Homemade Vegetable Moussaka	Vegetable & Bean Champ Cottage Pie	Fresh Ricotta Cheese, Spinach & Lentil Lasagne	Sweet Peppers Stuffed with a Raisin Couscous
<b>Potatoes &amp; Vegetables</b>	Braised Savoy Cabbage Fragrant Rice Baby Potatoes	Buttered Sliced Carrots Creamy Mashed Potatoes	Sautéed Courgettes Fondant Potatoes	Creamed Leeks Gratin Potatoes	Baked Beans Roast Herbs Potatoes	Sautéed Potatoes	Garlic Mash Potato Turnip Purée

