



# ALEXANDRA COLLEGE - SENIOR LUNCH MENU

|  | Monday<br>11th Sept  | Tuesday<br>12th Sept   | Wednesday<br>13th Sept   | Thursday<br>14th Sept   | Friday<br>15th Sept  |
|--|--|--|--|---|--|
| <b>Soups</b>                             | Chicken & Barley<br>Chorizo & Chickpea   | Chicken & Barley Broth<br>Broccoli & Cauliflower   | Broccoli & Cauliflower<br>Tomato & Basil   | Tomato & Basil<br>Carrot & Coriander  | Carrot & Coriander<br>Minestrone   |
| <b>Hot Panini<br/>Meat</b>               | Baked Ham & Cheddar Cheese   | Baked Ham & Cheddar Cheese   | Baked Ham & Cheddar Cheese   | Baked Ham & Cheddar Cheese  | Baked Ham & Cheddar Cheese   |
| <b>Hot Panini<br/>Vegetarian</b>         | Chicken & Mozzarella<br>Goat's Cheese & Rocket   | Chicken Mexicano<br>Cheddar Cheese & Spring Onion  | Roast Turkey & Cheese<br>Cheese Panini   | Chicken Tikka<br>Sun-dried Tomato Pesto & Mozzarella  | Ham, Cheese & Tomato<br>Goat's Cheese & Grilled Vegetables   |
| <b>Salad Selection</b>                   | Mixed Leaves, Cucumber, Cherry Tomatoes, Cheddar Cheese Slices, Baked Ham Slices<br>Carrot Salad | Mixed Leaves, Cucumber, Cherry Tomatoes, Cheddar Cheese Slices. Baked Ham Slices<br>Caesar Salad | Mixed Leaves, Cucumber, Cherry Tomatoes, Cheddar Cheese Slices. Baked Ham Slices<br>Three Bean Salad | Mixed Leaves, Cucumber, Cherry Tomatoes, Cheddar Cheese Slices. Baked Ham Slices<br>Butternut Squash & Barley | Mixed Leaves, Cucumber, Cherry Tomatoes, Cheddar Cheese Slices, Baked Ham Slices<br>Tabouleh Salad |
| <b>Hot Main<br/>Vegetarian<br/>Onion</b> | Chicken Korma<br>Ratatouille<br>Steamed Basmati Rice   | Baked Fillet of Cod<br>Vegetarian Quiche<br>Mashed Potato  | Beef Lasagne<br>Vegetable Lasagne<br>Garlic Bread  | Chicken & Leek Crumble<br>Vegetable Moussaka<br>Baby Potatoes   | Chicken Fajitas<br>Vegetable fajitas<br>Diced Potatoes   |